



**West Chester  
Chiropractic Center, Inc.**

**PATIENT APPLICATION FORM**

WELCOME TO OUR OFFICE. We specialize in assisting our patients to achieve their highest level of health through our spinal and postural corrective programs along with other lifestyle recommendations. Our approach is very unique and advanced from other rehabilitation programs. This allows our patients to achieve far superior results compared to other systems.

Please fill out the following information thoroughly so the doctor can let you know if your case is one we can accept. Please feel free to ask any questions if you need assistance. We look forward to serving you.

Patient Name (print): \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**PATIENT APPLICATION SURVEY**

Name: \_\_\_\_\_ (Age) \_\_\_\_\_ Gender: M F  
Home Address: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_  
Email Address: \_\_\_\_\_ Cell Phone : ( ) \_\_\_\_\_  
Birth Date: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Marital Status: S M D W  
Names of Children: \_\_\_\_\_ Ages: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
How were you referred to this office? \_\_\_\_\_

**PURPOSE OF THIS VISIT**

Reason for this visit: \_\_\_\_\_  
Is this purpose related to an auto accident / work injury?  Yes  No If so, when: \_\_\_\_\_  
Describe: \_\_\_\_\_  
Please describe the pain and its location: \_\_\_\_\_  
When did this condition begin? \_\_\_\_\_ When did you first notice it? \_\_\_\_\_  
Is this condition getting worse?  Yes  No Is this condition:  Constant  Comes & goes  Activity related  
Does complaint(s) interfere with:  Work  Sleep  Hobbies  Daily Routine Explain: \_\_\_\_\_  
What activities aggravate your symptoms? \_\_\_\_\_  
Is there anything which has relieved your symptoms?  Yes  No Describe: \_\_\_\_\_  
Have you experienced this condition before?  Yes  No If so, please explain: \_\_\_\_\_  
Who have you seen for this? \_\_\_\_\_ What did they do? \_\_\_\_\_  
How did you respond? \_\_\_\_\_

**EXPERIENCE WITH CHIROPRACTIC**

Have you seen a Chiropractor before?  Yes  No Who? \_\_\_\_\_ When? \_\_\_\_\_  
Reason for visits: \_\_\_\_\_  
How did you respond? \_\_\_\_\_  
Did your previous chiropractor take before and after x-rays?  Yes  No  
Did you know your posture determines your health?  Yes  No  
Are you aware of any of your poor posture habits?  Yes  No  
Explain: \_\_\_\_\_

The most common postural weakness is Forward Head Syndrome (head and neck starting to bend forward and progressively moving downward weakening your whole body). Even less severe forms of this posture can cause many adverse affects on your overall health. Have you ever been told or felt like you carry your head forward, noticed a rounding of your shoulders or a developing “hump” at the base of your neck?  Yes  No

**HEALTH AND LIFESTYLE**

Do you exercise?      Yes No      How often? 1x 2x 3x 4x 5x per week other: \_\_\_\_\_  
 Do you smoke?      Yes No      How much? \_\_\_\_\_  
 Do you drink alcohol?      Yes No      How much / week? \_\_\_\_\_  
 Do you drink coffee?      Yes No      How many cups / day? \_\_\_\_\_  
 Do you take any supplements (i.e. vitamins, minerals, herbs)? \_\_\_\_\_

**HEALTH CONDITIONS**

Abnormal postural habits or distortions are the result of trauma or stress to the body that have misaligned the vertebrae in your spine. When these vertebrae are twisted from their normal position they will cause stress to the spinal cord and the delicate nerves that pass between the vertebrae. These misalignments are called subluxations (sub-lux-a-shuns). It has been extensively documented that subluxations, causing stress to your nerves, will weaken and distort the overall structure of your spine. This results in a weakened and distorted POSTURE. Postural distortions have many serious and adverse affects on your overall health. The most common and detrimental postural distortion is called Forward Head Syndrome (a “hunched forward” posture starting in the neck and progressively moving down your spine weakening the entire body). Please check any health condition you may be experiencing now or you have had in the past.

**CERVICAL SPINE (NECK):**

Postural distortions from subluxations in your neck, as in Forward Head Syndrome, weaken the nerves into your arms, hands and head causing the following. Circle all that you have experienced recently or in the past.

- |                                     |                     |                     |
|-------------------------------------|---------------------|---------------------|
| Neck Pain                           | Headaches           | Sinusitis           |
| Pain into your shoulders/arms/hands | Dizziness           | Allergies/Hay Fever |
| Numbness/tingling in arms/hands     | Visual disturbances | Recurrent colds/Flu |
| Hearing disturbances                | Coldness in hands   | Low Energy/Fatigue  |
| Weakness in grip                    | Thyroid conditions  | TMJ Pain/Clicking   |

Explain: \_\_\_\_\_

THORACIC SPINE (UPPER BACK):

Postural distortions from subluxations in the upper back weaken the nerves to the heart and lungs. Circle all that you have experienced recently or in the past.

- |                      |                                      |                      |
|----------------------|--------------------------------------|----------------------|
| Heart Palpitations   | Recurrent Lung Infections/Bronchitis | Heart Attacks/Angina |
| Heart Murmurs        | Asthma/Wheezing                      |                      |
| Increased Heart Rate | Shortness of Breath                  |                      |
| Decreased Heart Rate | Pain on Deep Inspiration/Expiration  |                      |

THORACIC SPINE (MID BACK):

Postural distortions from subluxations in the mid back weaken the nerves into your ribs/chest and upper digestive tract. Circle all that you have experienced recently or in the past.

- |                           |   |
|---------------------------|---|
| Mid Back Pain             | Nausea  |
| Pain Into Your Ribs/Chest | Ulcers/Gastritis  |
| Indigestion/ Heartburn    | Hypoglycemia  |
| Reflux                    | Tired/Irritable after eating or when you haven't eaten for awhile |

LUMBAR SPINE (LOW BACK):

Postural distortions from subluxations in the low back weaken the nerves into your legs/feet and pelvic organs. Circle all that you have experienced recently or in the past.

- |                               |   |               |
|-------------------------------|---|---------------|
| Pain Into Your hips/legs/feet | Weakness/injuries in your hips/knees/ankles | Low back pain |
| Recurrent Bladder Infections  | Numbness/tingling in your legs/feet         |               |
| Coldness in your legs/feet    | Frequent/difficulty urinating               |               |
| Sexual Dysfunction            | Muscle cramps in your legs/feet             |               |
| Constipation/Diarrhea         | Menstrual irregularities/cramping (females) |               |

Please list any health conditions not mentioned: \_\_\_\_\_

Please list any medications/surgeries: \_\_\_\_\_

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